

TABLE OF CONTENTS

I	FOUNDATIONS	
	1. Embryology	3
	2. Teratogenesis	6
	3. Cell Biology: Organelles	8
	4. Cell Biology: Cytoskeleton	11
	5. Cell Biology: Plasma Membrane	13
	6. Cellular Suffering and Death	17
	7. Inflammation	19
	8. Extracellular Environment	21
	9. Cellular Adaptations	24
II	NEURO	
	1. Nervous System Basics	29
	2. CNS Embryology	32
	3. Cortex and Brain Vasculature	36
	4. Vascular Events	40
	5. Hypothalamus and Limbic System	42
	6. Cranial Nerves part 1	45
	7. Cranial Nerves part 2	49
	8. Brainstem and Spinal Cord	53
	9. Brainstem Lesions	58
	10. CSF and ICP	63
	11. Headache	66
	12. Brain Tumors	70
	13. Delirium and Dementia	72
	14. Seizures	75
	15. Spinal Cord Lesions	78
	16. Movement	80
	17. Basal Ganglia	84
	18. Skeletal Muscle	86
	19. Upper Extremity Nerves part 1	90
	20. Upper Extremity Nerves part 2	95
	21. Lower Extremity	99
	22. Sensation	103
	23. Eye	105
	24. Ear	107
	25. Sleep	110
	26. Anesthetics	113
III	PHARM BASICS	
	1. Parasympathetic Activation	119
	2. Parasympathetic Inhibition	122
	3. Sympathetic Activation	124
	4. Sympathetic Inhibition	126
	5. Neurotransmission	128
	6. G Protein Second Messengers	132
	7. Pharmacokinetics	135
	8. Pharmacodynamics	140
	9. Drug Metabolism	143
	10. Drug Elimination	146
	11. Drug Side Effects	150
	12. Antidotes	154

TABLE OF CONTENTS

IV	CARDIOVASCULAR	
	1. Embryology	159
	2. Congenital Heart Defects	162
	3. Cardiac Output	168
	4. Heart Failure	172
	5. Treatment of CHF	174
	6. Edema and Shock	177
	7. Cardiac Cycle	180
	8. Diastolic Heart Murmurs	184
	9. Systolic Heart Murmurs	187
	10. Electrophysiology	190
	11. Antiarrhythmics	192
	12. Electrocardiography	195
	13. Arrhythmias	197
	14. Regulation of BP	202
	15. Hypertension	204
	16. Antihypertensives	206
	17. Atherosclerosis	209
	18. Antianginal Therapy and Lipid-Lowering Agents	212
	19. Myocardial Infarction part 1	214
	20. Myocardial Infarction part 2	217
	21. Cardiomyopathies and Endocarditis	219
	22. Other Cardiac Pathology	221
	23. Vasculitis	224
	24. Other Vascular Diseases	226
V	RHEUM AND DERM	
	1. Bone Formation and Bone Tumors	231
	2. Bone Disorders	233
	3. Musculoskeletal Injuries	236
	4. Osteoarthritis and Rheumatoid Arthritis	239
	5. Other Types of Arthritis	242
	6. Systemic Disorders	246
	7. Dermatology part 1	249
	8. Dermatology part 2	252
VI	REPRODUCTION	
	1. Reproductive Anatomy	259
	2. Genital Embryology	261
	3. Androgens	263
	4. Testicular Pathology	265
	5. Penis and Prostate Pathology	267
	6. Female Reproductive Cycle	271
	7. Menstruation and Menopause	275
	8. Vulva, Vagina, and Cervix	278
	9. Uterine Pathology	280
	10. Ovarian Pathology	282
	11. Ovarian Neoplasms	284
	12. Pregnancy part 1	287
	13. Pregnancy part 2	290
	14. Chromosomal Disorders	292
	15. Genetic Disorders: AD and Trinucleotide Repeats	296
	16. Genetic Disorders: AR and X-Linked	301
	17. Breast	305

TABLE OF CONTENTS

VII	MICRO	
	1. Bacterial Basics	311
	2. Bacterial Toxins	314
	3. Staphylococcus	317
	4. Streptococcus	319
	5. Other Gram-Positive Bacteria	321
	6. Gram-Negative Bacteria part 1	323
	7. Gram-Negative Bacteria part 2	325
	8. Spirochetes and Zoonotics	327
	9. Mycobacteria	329
	10. Nonstaining Bacteria	331
	11. Penicillins	333
	12. Cephalosporins	335
	13. Other Cell Wall Inhibitors	337
	14. Protein Synthesis Inhibitors	339
	15. Other Antibiotics	342
	16. Micro by Systems part 1	345
	17. Micro by Systems part 2	349
	18. Micro by Systems part 3	351
	19. Viral Basics	354
	20. DNA Viruses part 1	356
	21. DNA Viruses part 2	358
	22. RNA Viruses part 1	360
	23. RNA Viruses part 2	362
	24. HIV	365
	25. HIV Drugs	368
	26. Mycology part 1	371
	27. Mycology part 2	373
	28. Antifungals	375
	29. Protozoa	378
	30. Helminths and Ectoparasites	381
VIII	IMMUNOLOGY	
	1. Immune System Basics	385
	2. Antigen Presentation	387
	3. T Cells	389
	4. B Cells and Antibodies	391
	5. Immunization and Autoantibodies	393
	6. Hypersensitivity and Complement	396
	7. Macrophages, Granulocytes, and Cytokines	398
	8. Immunosuppressants	400
	9. Immunodeficiencies	402
IX	GI	
	1. Oropharynx	409
	2. Esophagus	413
	3. Stomach	416
	4. Upper GI Pathology	418
	5. Duodenum	420
	6. Enterocytes and Absorption	422
	7. Diseases of the Small Intestine	424
	8. Large Intestine part 1	426
	9. Large Intestine part 2	428
	10. Large Intestine part 3	430
	11. Pancreas	432
	12. Liver Basics	434
	13. Alcoholic Liver Disease and Cirrhosis	436
	14. Liver Pathology	438
	15. Hepatitis	440
	16. Biliary Tract	444

TABLE OF CONTENTS

X	PULMONARY	
	1. Anatomy and Physiology	449
	2. Lung Volumes and Pulmonary Circulation	451
	3. Oxygen and Hemoglobin	454
	4. Oxygenation	456
	5. Ventilation and Perfusion	458
	6. Extreme Environments	460
	7. PE, DVT, and Pneumothorax	463
	8. COPD and Asthma	465
	9. Pulmonary Medications	467
	10. Restrictive Lung Disease	469
	11. Lung Cancer	472
	12. Lung Infections	475
XI	MEDICINE IN SOCIETY	
	1. Research Study Designs	481
	2. Diagnostic Test Evaluation	483
	3. Interpretation of Study Data	486
	4. Study Validity	489
	5. Statistical Distribution and Error	492
	6. Biostatistics	494
	7. Disease Prevention and Public Health	496
	8. Healthcare System	500
	9. Ethics	506
XII	BIOCHEM	
	1. DNA Basics	511
	2. DNA Replication, Mutation, and Repair	515
	3. RNA	518
	4. Protein Synthesis	522
	5. Inheritance	524
	6. Genetic Lab Techniques	527
	7. Glycolysis	530
	8. Gluconeogenesis	535
	9. Glycogen	538
	10. Energy Metabolism	541
	11. HMP Shunt and Other Sugars	545
	12. Starvation and Malnutrition	549
	13. Lipids	552
	14. Amino Acids and Nitrogen	555
	15. Amino Acid Disorders	557
	16. Minerals	559
	17. Fat-Soluble Vitamins and Antioxidants	561
	18. Water-Soluble Vitamins	563
XIII	PSYCH	
	1. Psychosis	567
	2. Antipsychotics	569
	3. Bipolar Disorder	572
	4. Depression	574
	5. Antidepressants	577
	6. Anxiety and Somatoform Disorders	579
	7. Eating Disorders	581
	8. Child Psych	583
	9. Ego Defense Mechanisms and Personality Disorders	585
	10. Alcohol Abuse	587
	11. Substance Abuse	590

TABLE OF CONTENTS

XIV	RENAL	
	1. Renal Embryology and Anatomy	595
	2. Glomerular Physiology	597
	3. Nephron Physiology	599
	4. Diuretics	605
	5. Electrolyte Disorders	607
	6. Acid-Base Disorders	609
	7. Nephritis	611
	8. Nephrosis	613
	9. Renal Failure	615
	10. Other Urinary Pathology	619
XV	PEDIATRICS	
	1. Pediatric Review	625
XVI	ENDOCRINE	
	1. Endocrine Overview	631
	2. Pituitary	634
	3. Adrenal Steroid Synthesis	638
	4. Cushing Syndrome	641
	5. Hyperaldosteronism and Adrenal Insufficiency	644
	6. Adrenal Medulla	647
	7. Hypothyroidism	649
	8. Hyperthyroidism	654
	9. Thyroid Cancer	658
	10. Diabetes	660
	11. Diabetic Emergencies	662
	12. Diabetes Drugs	664
	13. Obesity	667
	14. Calcium Metabolism	670
XVII	HEME	
	1. Clotting Factors	675
	2. Anticoagulant Drugs	677
	3. RBC Basics	679
	4. Erythropoiesis	681
	5. Microcytic Anemia	683
	6. Macrocytic and Normocytic Anemia	685
	7. Hemolytic Anemia	687
	8. Platelet Function	690
	9. Platelet Disorders	692
	10. Lymphoma	694
	11. Leukemias	696
	12. Multiple Myeloma	699
XVIII	ONCOLOGY	
	1. Cancer Basics	703
	2. Genetics of Cancer	705
	3. Cancer Risk Factors	708
	4. Cancer Screening and Prevention	710
	5. Cancer Drugs part 1	712
	6. Cancer Drugs part 2	714